

Delta/THC Variances



What are the Delta/THC Variances?

tetrahydrocannabinol (THC)

A psychoactive compound found in **hemp/cannabis**.

Are Delta/THC Variances Addictive?

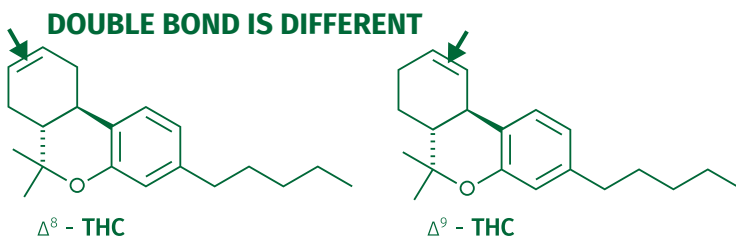
Any form of THC use can lead to dependence.

THC can be both **physically** and **psychologically** addictive.

What is the difference between Delta/THC derivatives & Delta 9?

Most derivatives have a **similar molecular structure** as common THC (Delta 9).

There is **very little difference** between the molecular structure of Delta 8 and Delta 9.



Are the Delta/THC Variances Legal?

Delta/THC is derived from hemp and sits in “**legal gray area**” in many states.

Some states have passed legislation making **Delta/THC variances illegal**.

What are the health effects of using Delta/THC variances?

The **physical effects** of Delta/THC may include **drowsiness, numbness, dry mouth and eyes, low blood pressure, and an irregular heart rate**.

The **psychological effects** of Delta/THC may include **confusion, anxiety, and a decrease in mental focus**.

How are Delta/THC variances made?

Chemicals are used to extract concentrated Delta/THC from Hemp and may be **harmful to humans**.

The **FDA does not regulate** and has **not approved Delta/THC variances for consumption**. Little is known about its effects on users.

Talk about **Delta/THC Variances**

Before the conversation

- Know the facts. Visit www.wywetalk.org for more information.
- Set a positive example. **Be Drug-Free.**
- Be ready to **listen**. Avoid criticism and encourage open dialogue.



Start the conversation

A more **natural discussion** will increase the likelihood of your teen listening. **Witnessing** someone else using Delta/THC variances, **seeing an advertisement** or **walking by a shop** can provide the opportunity for you to start the conversation.

Ask for support. Speaking with your **family physician** is a great place to start talking about the harms of Delta/THC variances.

Be Ready to Answer Questions:

“Delta-8 and other Delta/THC variances must be safe, it’s sold in shops around town.”

Dialogue: Delta/THC variance products have **not been approved by the FDA**. Companies may be **putting people at risk** because **little is known about the long term effects of Delta/THC variance usage**.

“I know people who use Delta/THC variances and they are fine.”

Dialogue: A chemical process is used to extract Delta/THC variances from hemp and due to that process there are likely chemicals left behind. A person could be fine after one use and not fine the next time they use Delta/THC variances. Some of the effects of Delta/THC variances can be **hallucinations, vomiting, tremors, anxiety, dizziness, confusion and loss of consciousness**.

“Delta-8 is natural, it comes from a plant.”

Dialogue: THC is a psychoactive, addictive ingredient in both Delta/THC variances. THC is the component responsible for producing the “high” that people feel when using the product. Since Delta/THC variances are not approved by the FDA there is no oversight on how Delta/THC variance products are made and there is no way of knowing just how much THC is being ingested at any given time.

Have Ongoing Conversations With Your Teens:

- **Connect** with your teen regularly and **encourage** them to do their own research.
- **Share information** that you learn with your teen.
- Remember it is okay to have bits and pieces of conversations over a period of time.